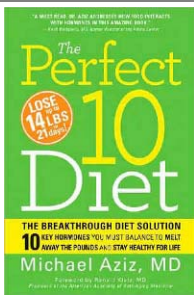




THE FOLLOWING IS A TENTATIVE LIST OF NEW NONFICTION RELEASES FOR JANUARY, 2010. NOTE: MOST TITLES ON THIS LIST ARE ON ORDER FOR THE LIBRARY AND CAN BE RESERVED, BUT WILL NOT BE AVAILABLE UNTIL THE RELEASE DATE.

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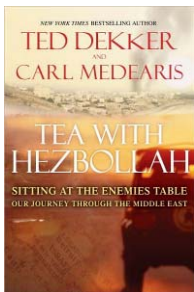
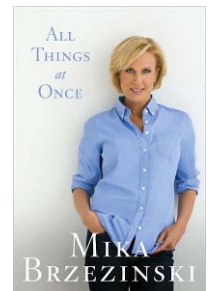


Dr. Michael Aziz, **PERFECT 10 DIET: THE BREAKTHROUGH DIET SOLUTION - 10 KEY HORMONES YOU MUST BALANCE TO MELT AWAY THE POUNDS AND STAY HEALTHY FOR LIFE** (272 pgs) 1/28

How would you like to lose up to 14 pounds in 21 days? You can by following the Perfect 10 Diet--the only science-based diet designed to balance ten key hormones. Thousands of Dr. Aziz's patients lost weight without feeling hungry, and showed improved markers for heart disease, high blood pressure, and diabetes. The book includes tips for overcoming sluggish weight loss, a guide to hormone supplements, real-life case studies, a list of frequently asked questions, a comparison to nine other popular diets, and more than 65 recipes.

Mika Brzezinski, **ALL THINGS AT ONCE** (288 pgs) 1/05

Brzezinski, co-host of 'MSNBC's' morning show, 'Morning Joe,' offers a motivational book on how women of all ages can confront the professional and personal challenges they face in their lives. Speaking from personal experience, she addresses the question of how to have it all when it comes to family and career; the importance of remaining humble in the face of great success and seemingly devastating setbacks, and the necessity of knowing and embracing limitations so that they can be transcended.



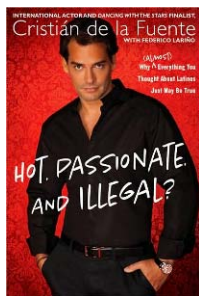
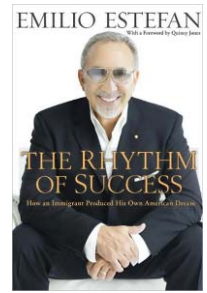
Ted Dekker & Carl Medearis, **TEA WITH HEZBOLLAH: SITTING AT THE ENEMIES' TABLE, OUR JOURNEY THROUGH THE MIDDLE EAST** (256 pgs) 1/26

Tea with Hezbollah combines nail-biting narrative with the texture of rich historical background, as readers join novelist Ted Dekker and his co-author and Middle East expert, Carl Medearis, on a hair-raising journey. They are with them in every rocky cab ride, late-night border crossing, and back-room

conversation as they sit down one-on-one with some of the most notorious leaders of the Arab world. These candid discussions with leaders of Hezbollah and Hamas, with muftis, sheikhs, and ayatollahs, with Osama bin Laden's brothers, reveal these men to be real people with emotions, fears, and hopes of their own. Along the way, Dekker and Medearis discover surprising answers and even more surprising questions that they could not have anticipated—questions that lead straight to the heart of Middle Eastern conflict.

Emilio Estefan, **THE RHYTHM OF SUCCESS: HOW AN IMMIGRANT PRODUCED HIS OWN AMERICAN DREAM** (240 pgs) 1/05

Emilio Estefan, a 19-time Grammy Award-winning producer and songwriter, husband of Gloria Estefan, and CEO/Founder of Estefan Enterprises, offers invaluable advice to those who want to make their dreams come true. The former Cuban refugee tells readers that the basic tenets for achieving their goals are: identifying their values; believing in their ideas, and establishing their own plans for success.

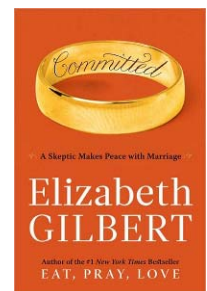


Cristian de la Fuente & Federico Larino, **HOT, PASSIONATE, AND ILLEGAL?: WHY (ALMOST) EVERYTHING YOU THOUGHT ABOUT LATINOS JUST MAY BE TRUE** (304 pgs) 12/29

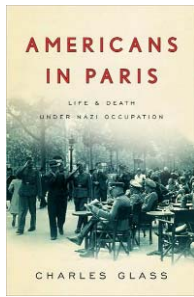
From 'Dancing With the Stars' finalist Cristian de la Fuente comes a tongue-in-cheek book about Latino stereotyping, which he has much experience with, having been cast in the role of everything from a janitor to a lover, to a gang member. When he became a contestant on the popular dancing show, the world, and the judges soon came to realize that being Latin doesn't automatically mean you can dance. He shares his personal and funny experiences as a Latino in Hollywood to dispel myths about Latinos.

Elizabeth Gilbert, **COMMITTED: A SKEPTIC MAKES PEACE WITH MARRIAGE** (304 pgs) 1/05

Gilbert, who had survived a horrific divorce, vowed to never remarry. When she met and fell in love with Felipe, a Brazilian-born man of Australian citizenship, they mutually agreed on that. Then providence intervened in the form of the U.S. government, which--after detaining Felipe at an American border crossing--gave the couple a choice: they could get married, or Felipe would never be allowed to enter the country again. With wit, intelligence and compassion, she shares what she learned about the institution of marriage. "Part history, part travelogue, *Committed* often makes for a jumpy read. Still, Gilbert remains the spirited storyteller she was in EPL [*Eat, Pray, Love*], and her



central question is a good one—how can a divorce-scarred feminist make a case for marriage?" *Publishers Weekly*

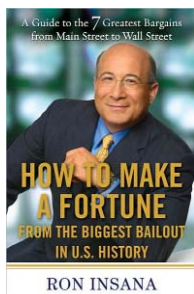
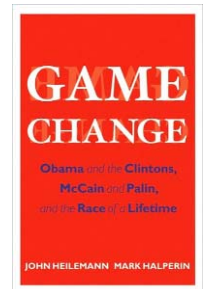


Charles Glass, **AMERICANS IN PARIS: LIFE AND DEATH UNDER NAZI OCCUPATION** (544 pgs) 1/07

Glass tells the story of a cast of expatriates and their struggles under Nazi Paris from the spring of 1940 to the summer of 1944. When war broke out in 1939, the nearly 5,000 Americans who remained in France believed wrongly that they had little to fear. With information taken from letters, diaries, war documents, and police files, this reveals how American artists, writers, scientists, playboys, musicians, cultural mandarins and ordinary businessmen were tested as never before or since. "Well-traveled journalist Glass reckons with a handful of intrepid Americans who stuck it out in Paris during the Nazi occupation...[and] illuminates a dark, fascinating period in World War II history" *Kirkus Reviews*

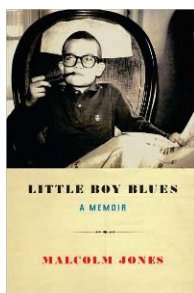
John Heilemann & Mark Halperin, **GAME CHANGE: OBAMA AND THE CLINTONS, MCCAIN AND PALIN, AND THE RACE OF A LIFETIME** (464 pgs) 1/11

Authors John Heilemann and Mark Halperin say that the 2008 presidential election was as riveting a spectacle as modern politics has ever produced and even, at times, blockbuster entertainment. Yet, despite the extensive coverage, little of the real story behind the headlines has yet been told. Using their unrivaled access, the political reporters provide an intimate portrait of some of the campaign's most fascinating figures such as Barack Obama, Hillary Clinton, John McCain, and Sarah Palin.



Ron Insana, **HOW TO MAKE A FORTUNE FROM THE BIGGEST BAILOUT IN U. S. HISTORY : A GUIDE TO THE 7 GREATEST BARGAINS FROM MAIN STREET TO WALL STREET** (224 pgs) 12/31

For many Americans, today's financial headlines spell disaster. For others, it spells the sale of the century. Drawing from two decades as a financial reporter and three years working on Wall Street, Insana tells readers how to restore their depleted portfolios and make a fortune in the process. He reveals tricks of the trade to offer a rescue manual of sorts for those looking at what used to be their nest egg for their golden years.



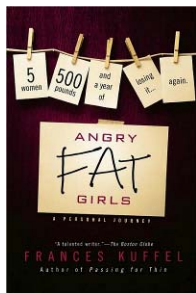
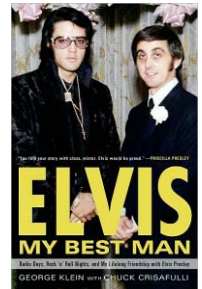
Malcolm Jones, **LITTLE BOY BLUES: A MEMOIR** (240 pgs) 1/12

Jones shares an honest look at his life in the 50s and 60s south, as he is caught in the middle of a bad marriage between his

parents which is played out against the convulsions of desegregation and a culture that threatens the church-centered life of his family. He recalls times when things were good and how each of these experiences became a portal to other worlds. It's the story of one man's journey beyond the expectations and assumptions of the world that formed the man he is today. "A cultural critic for Newsweek recalls his Southern boyhood in a fractured family...Fragrant with wistfulness and poignant with regret." *Kirkus Reviews*

George Klein & Chuck Crisafulli, **ELVIS: MY BEST MAN: RADIO DAYS, ROCK 'N' ROLL NIGHTS, AND MY LIFELONG FRIENDSHIP WITH ELVIS PRESLEY** (320 pgs) 1/05

George Klein can remember the exact moment in 1948 when his life changed forever. It was the moment a classmate stood up in front of the eighth- grade class and sang a few songs. That boy was Elvis Presley and it began what would become a lifelong friendship. George shares an intimate look at the man the world knew as the King of Rock 'n' Roll but he knew intimately as a friend. "Klein, whose personal mission is to keep Elvis's memory alive and who knew Elvis since the eighth grade and considered him his best friend, offers firsthand insight into Elvis's early years." *Library Journal*



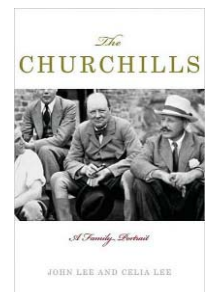
Frances Kuffel, **ANGRY FAT GIRLS: 5 WOMEN, 500 POUNDS AND A YEAR OF LOSING IT ... AGAIN** (336 pgs) 1/05

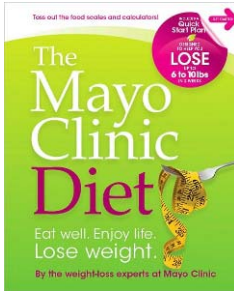
In a funny, yet painfully honest memoir, five women take readers along on their constant battle with their weight as they diet and eat, lose and gain, and struggle to find their individual definition of freedom along the way. The author, who had once lost 188 pounds, only to gain half of those pounds back, shares her story and that of four online friends who struggled with the same problem.

John Lee & Celia Lee, **CHURCHILLS: A FAMILY PORTRAIT** (288 pgs) 1/19

Despite Winston Churchill's fame as a British leader, many mysteries surrounding the Churchill clan and myths propagated by his political enemies persist to this day. Based on never-before-seen family archives, the Lee's bring readers the true story of one of Britain's greatest dynasties. It debunks many of the untruths such as: Lord Randolph did not die of syphilis; Winston was not an illegitimate child, and more. "Celia Lee, a member of the International Churchill Society, and John Lee, a former executive officer of the British Commission for Military History, have produced an interesting overview of the modern Churchill family...worthy of classical drama."

Publishers Weekly



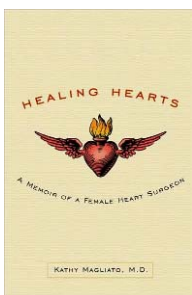
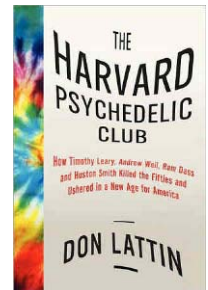


Mayo Clinic, **MAYO CLINIC DIET: EAT WELL, ENJOY LIFE, LOSE WEIGHT** (256 pgs) 1/01

Weight-loss experts at the Mayo Clinic offer hope for the millions of people who have unsuccessfully tried several diets. It's a program that helps readers make simple, healthy, pleasurable changes that will result in a weight they can maintain for the rest of their life. Using clinically tested techniques, the diet puts readers in charge of reshaping their lifestyle by adopting healthy new habits and breaking unhealthy old ones. It emphasizes foods that are not only healthy, but taste good too. Includes recipes.

Darwin Porter, **HARVARD PSYCHEDELIC CLUB: HOW TIMOTHY LEARY, RAM DASS, HUSTON SMITH, AND ANDREW WEIL KILLED THE FIFTIES AND USHERED IN A NEW AGE FOR AMERICA** (256 pgs) 1/01

When Huston Smith, Ram Dass, Andrew Weil and Timothy Leary came together at Harvard in the tumultuous 1960s for a psychedelic drug research project, little did they know they would be setting the stage for the social, spiritual, sexual and psychological revolution and launching the Mind/Body/Spirit movement that is important today. This is that story of the teacher, the seeker, the healer, and the trickster who ushered in a New Age in America.

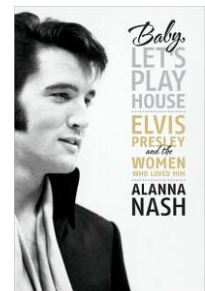


Kathy Magliato, **HEALING HEARTS: A MEMOIR OF A FEMALE HEART SURGEON** (288 pgs) 1/26

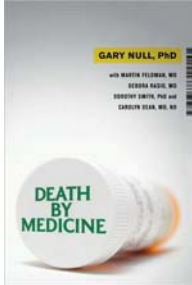
Magliato, director of Women's Cardiac Services at Saint John's Medical Center, Santa Monica, Calif., offers a memoir that gives a rare glimpse into the demanding, physically intense, and emotionally stressful life of a female heart surgeon. Being one of fewer than 24 female heart surgeons practicing in the world today, she talks about juggling her career with that of her role as a wife and mother. She also sheds light on the rarely recognized symptoms of heart attack and cardiovascular disease in women.

Alanna Nash, **BABY, LET'S PLAY HOUSE: ELVIS AND THE WOMEN WHO LOVED HIM** (704 pgs) 1/05

Three decades after his death, Elvis Presley continues to fascinate fans of every age. Elvis expert Alanna Nash shares new material on Elvis' relationships with women, his sexual identity, and how both influenced his music and his life. Based on interviews with women who knew him in various roles--from lover, to sweetheart, to friend, to co-star, to family members--it explores his love affairs and presents him as a Lothario who bedded scores of women but



was unable to maintain a lasting romantic relationship. "Nash culls reminiscences from long-term girlfriends, starlets like Ann-Margret and Cybill Shepherd, and assorted strippers, showgirls and groupies for this gossipy, besotted biography of rock's original sex god...[her]vivid portrait manages to evoke much of what made Elvis so enthralling" *Publishers Weekly*

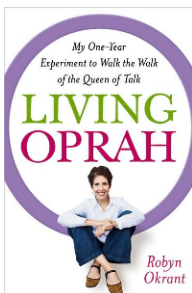
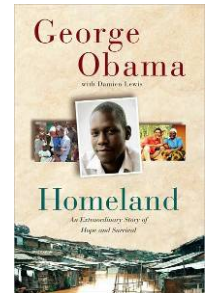


Gary Null, **DEATH BY MEDICINE** (464 pgs) 1/05

It is commonly believed that heart disease and cancer are the leading causes of death among Americans. However, this startling book, based on scientific research from leading medical journals, reveals that medical care gone wrong is actually the leading cause of death. *Death by Medicine*, written by a team of medical professionals, including physicians, states that medical errors, hospital infections, inappropriate prescription drugs, toxic drug interactions, and other problems are responsible for more deaths each year than all the casualties of World Wars I and II combined.

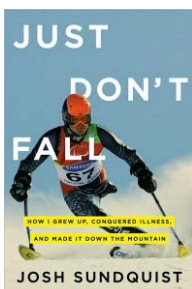
George Obama & Damien Lewis, **HOMELAND: AN EXTRAORDINARY STORY OF HOPE AND SURVIVAL** (464 pgs) 1/05

Although George Obama and his famous half-brother, Barack, did not grow up together, they are very much alike in their outlook on making the lives of their fellow countrymen better. This memoir by George Obama offers readers an in-depth look at George the star pupil, George the rugby player, George the carjacker, and finally, George the Kenyan activist.



Robyn Okrant, **LIVING OPRAH: MY ONE-YEAR EXPERIMENT TO WALK THE WALK OF THE QUEEN OF TALK** (272 pgs) 1/04

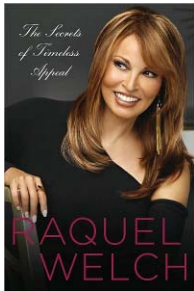
Of all the cultural influences on women in America, perhaps Oprah is the most prevalent one. Successful and seemingly happy, who wouldn't want to be like her? In 2008, Okrant, 35, by all definitions an 'average' woman, decided to follow every piece of advice offered in Oprah's show, magazine, and Web site. The results ranged from positive to life changing to hysterical to not so positive, like most things in life. This is her funny, insightful account of that year-long journey.



Josh Sundquist, **JUST DON'T FALL: HOW I GREW UP, CONQUERED ILLNESS, AND MADE IT DOWN THE MOUNTAIN** (336 pgs) 1/21

Josh Sundquist, at nine, was diagnosed with Ewing's sarcoma, a cancer that eventually claimed his left leg. In spite of his handicap, Josh didn't think twice about learning how to ski--a

sport that would later open up a new world and turn him into a champion in the sport. He shares his journey from an array of hospitals, to high school, and then to becoming a member of the 2006 United States' Paralympic Ski Team in Turin, Italy. "an absorbing debut memoir about conquering nearly insurmountable odds...a simple, straightforward story that successfully captures the complexities of growing up under the shadow of cancer." **Kirkus Reviews**

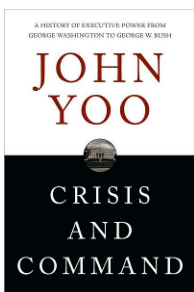
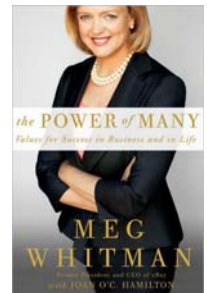


Raquel Welch, **SECRETS OF TIMELESS APPEAL** (336 pgs) 1/05

Raquel Welch has been a symbol of glamour and sex appeal for four decades. She's also known for being honest, a woman of high energy, and having a self-deprecating sense of humor. She shares her internal struggles to age gracefully in the harsh spotlight of Hollywood while dispensing tips to all women about staying young in mind and body. The book reveals secrets of diet, exercise, and healthy living, while sharing personal stories about her life.

Meg Whitman & Joan O'C Hamilton, **THE POWER OF MANY: Values for Success in Business and in Life** by (288 pgs) 1/26

Whitman, the former CEO of eBay and now a Republican candidate for Governor of California, talks about her failures, successes, and the ten principles from her down-to-earth upbringing that businesses can use to empower their clients. Weaving stories and anecdotes from both her personal and professional life, she offers a blueprint for turning the worst of times into the best of times.



John Yoo, **CRISIS AND COMMAND: A HISTORY OF EXECUTIVE POWER FROM GEORGE WASHINGTON TO GEORGE W. BUSH** (544 pgs) 1/05

George W. Bush was not the first President to be accused of abusing presidential power. Such charges were also leveled at Franklin D. Roosevelt, Washington, Jefferson, Jackson, Abraham Lincoln and a number of other presidents. Former justice department official John Yoo, explores the past and through analysis shows how bold decisions made by previous presidents changed more than just history. They also transformed the role of President. He further argues that the founding fathers deliberately left the Constitution vague on the limits of presidential authority.