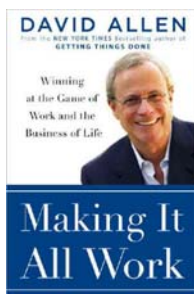




THE FOLLOWING IS A TENTATIVE LIST OF NEW NONFICTION RELEASES FOR DECEMBER, 2008.
NOTE: MOST TITLES ON THIS LIST ARE ON ORDER FOR THE LIBRARY AND CAN BE RESERVED,
BUT WILL NOT BE AVAILABLE UNTIL THE RELEASE DATE.

COMPILED BY STACY ALESI, SOUTHWEST COUNTY REGIONAL LIBRARY

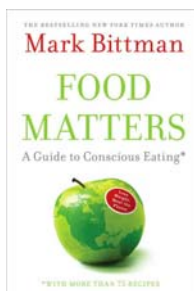
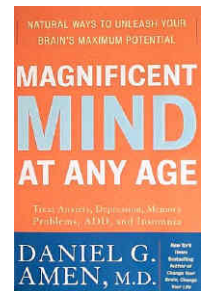


David Allen, ***MAKING IT ALL WORK: WINNING AT THE GAME OF WORK AND THE BUSINESS OF LIFE*** (256 pgs) 12/30

David Allen leads the world on a new path to achieve focus, control, and perspective. He provides an instantly usable, success-building tool kit for staying ahead of the game. Learn how to figure out where you are in life and what you need; how to be your own consultant; how to move from hope to trust in decision-making; when not to set goals; how to harness intuition, spontaneity, and serendipity; and why life is like business and business is like life.

Daniel G. Amen, ***MAGNIFICENT MIND AT ANY AGE: NATURAL WAYS TO UNLEASH YOUR BRAIN'S MAXIMUM POTENTIAL*** (352 pgs) 12/02

Unlike most self-help books, which focus on changing one's attitude, this book argues that the real key to maximizing success is a healthy, balanced brain. Using the most up-to-date research, the director of the internationally recognized Amen Clinics shares ten ways to boost your ability to bounce back from adversity, think more independently and creatively, and much more.

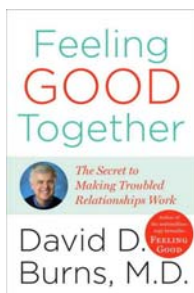
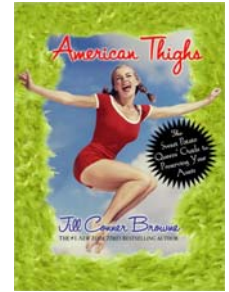


Mark Bittman, ***FOOD MATTERS: A GUIDE TO CONSCIOUS EATING WITH MORE THAN 75 RECIPES*** (336 pgs) 12/30

This bestselling cookbook author sounds the link between our environment and our eating habits, and suggests a flexible, non- doctrinaire plan that calls on readers to eat less meat and more vegetables and whole grains to save their health and planet. According to Bittman, if we change the way we eat, the impact will be significant.

Jill Conner Browne, ***AMERICAN THIGHS: THE SWEET POTATO QUEENS' GUIDE TO PRESERVING YOUR ASSETS*** (320 pgs) 12/30

Jill Conner Browne remarks that getting older isn't that bad and that she feels more empowered every day. We have spent our lives attending to our appearance. If you are into nip and tucks, than do it; if not, than don't do it. This is a hilarious life maintenance program to help women navigate the hyper-visual obsession with body image, clothing, and personal appearance.

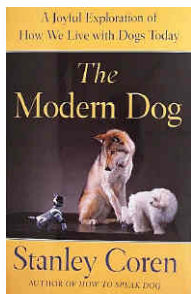
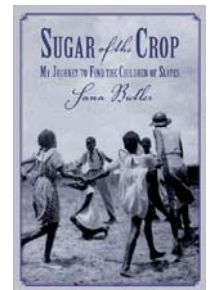


David Burns, ***FEELING GOOD TOGETHER: THE SECRET TO MAKING TROUBLED RELATIONSHIPS WORK*** (288 pgs) 12/30

We all know people who are hard to get along with. It might be your spouse, mother, neighbor, friend, or colleague. Dr. David Burns describes Cognitive Interpersonal Therapy (CIT), a radically different method for developing more loving and satisfying relationships with the people you care about.

Sana Butler, ***SUGAR OF THE CROP: MY JOURNEY TO FIND THE CHILDREN OF SLAVES*** (352 pgs) 12/02

Drawing on interviews Sana Butler began in 1997 with the sons and daughters of slaves, she reveals how African Americans emerged from slavery with a deep commitment to the future and a powerful energy to make the most of their opportunities. Freed slaves faced a new America with enthusiastic hopes and dreams for their children. The children of slaves were raised to be independent and often fearless thinkers, laying the groundwork for what would later become the Civil Rights Movement.

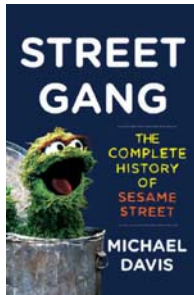


Stanley Coren, ***MODERN DOG: A JOYFUL EXPLORATION OF HOW WE LIVE WITH DOGS TODAY*** (288 pgs) 12/02

Dr. Coren shares stories of how certain breeds of dogs came to be, how dogs have gotten entangled in political and legal systems, and exciting new ideas about how dogs influenced human evolution. He also tells stories of the odd, compassionate, and heroic behaviors that some dogs have demonstrated. Through it all, Dr. Coren provides his signature humorous and insightful commentary, personal stories, and guidance.

Ann Coulter, ***NEW ANN COULTER*** (330 pgs) 12/30

Drawing Ann Coulter presents a completely original, controversial, and always entertaining look at liberalism and the current state of the culture.

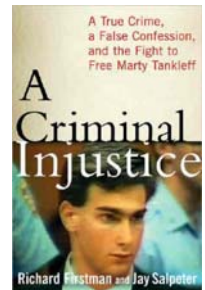


Michael Davis, ***STREET GANG : THE COMPLETE HISTORY OF SESAME STREET*** (384 pgs) 12/26

'Sesame Street' was born as the result of a discussion at a dinner party at Joan Ganz Cooney's house concerning the poor quality of children's programming. The show was an instant success and is the longest running children's programming in television history. Its unique format has revolutionized how education is presented to children.

Jay Salpeter, Richard Firstman, ***CRIMINAL INJUSTICE: A TRUE CRIME, A FALSE CONFESSION, AND THE FIGHT TO FREE MARTY TANKLEFF*** (608 pgs) 12/30

In 1988, Long Island teen Marty Tankleff woke to find his mother and father stabbed and bludgeoned. He suspected his father's business partner, but when a detective told Marty his dying father had named him, his response to the lie was jotted down as a confession. From prison, Marty wrote thousands of letters, one of which reached private eye Jay Salpeter, who uncovered the evidence that has now freed an innocent man. His tale reveals a culture of corruption and the power of perseverance.

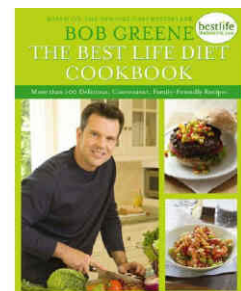


Meryl Gordon, ***MRS. ASTOR REGRETS: THE HIDDEN BETRAYALS OF A FAMILY BEYOND REPROACH*** (384 pgs) 12/26

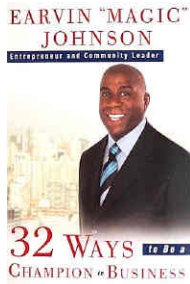
The fate of Brooke Astor has generated worldwide headlines since her grandson Philip sued his father in 2006, alleging mistreatment of Brooke. New York journalist Meryl Gordon has interviewed not only the elite of Brooke Astor's social circle but also the large staff who cosseted and cared for her during her declining years. This powerful, poignant saga takes the reader inside the gilded gates of an American dynasty to tell of three generations' worth of longing and missed opportunities.

Bob Greene, ***BEST LIFE DIET COOKBOOK: MORE THAN 100 DELICIOUS, CONVENIENT, FAMILY-FRIENDLY RECIPES*** (368 pgs) 12/30

This cookbook's contents reflect readers' demands for simplicity. The recipes are uncomplicated, and the recipes that take under 30 minutes to prepare are flagged. Busy parents won't have to cook a separate meal for their children or spouses, nor will they have to spend hours



scanning supermarket shelves for hard-to-find items.

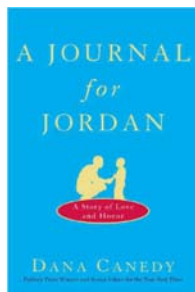
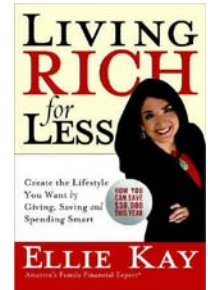


Earvin "Magic" Johnson, ***32 WAYS TO BE A CHAMPION IN BUSINESS*** (320 pgs) 12/01

After hanging up his sneakers and pursuing his business interests, Magic Johnson faced investors who assumed he was just another ex-jock without a clue. Now Magic reveals how he proved them wrong by transforming his ability to build a team, his capacity to inspire loyalty, his knack for reading others, and his sense of timing into off-the-court success.

Ellie Kay, ***LIVING RICH FOR LESS*** (320 pgs) 12/01

With lively humor, proven know-how, and practical principles for financial health, Ellie Kay helps readers stretch their dollars to realize the lifestyle of their dreams. She begins with three easy-to-grasp principles: giving, saving, and spending. She then undergirds these principles with doable rules to follow for stronger finances.



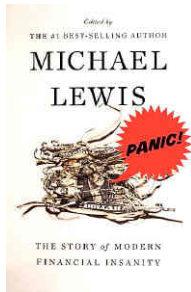
Dana Canedy, ***JOURNAL FOR JORDAN: HOPES, PRAYERS, AND LIFE LESSONS FROM A FALLEN SOLDIER AND THE WOMAN HE LOVED FOR THE SON HE LEFT BEHIND*** (288 pgs) 12/30

While serving in Iraq, First Sergeant Charles Monroe King wrote a 200-page journal for his son in case he didn't make it home. King was killed on Oct. 14, 2006, when his son, Jordan, was six months old. Here is a father's letter to the son he will never see: wrenching accounts of losing men in battle mixed with advice on everything from how to withstand disappointment to how to behave on a date. It's also a heartrending reminder of the human cost of war.

Robert Kiyosaki, Emi Kiyosaki, ***RICH BROTHER, RICH SISTER: TWO REMARKABLE PATHS TO FINANCIAL AND SPIRITUAL HAPPINESS*** (256 pgs) 01/05

Two people, born of the same parents and with the same childhood experiences, found themselves on different life journeys to find truth, happiness, purpose, and ultimately financial success. Robert became a world-famous entrepreneur, author, and teacher of all things financial, and Emi a highly devout Buddhist nun, author, and teacher of all things spiritual. Together they help readers find their own truth and purpose in life.





Michael Lewis, ***PANIC: THE STORY OF MODERN FINANCIAL INSANITY*** (352 pgs) 12/01

Michael Lewis guides us through five of the most violent and costly upheavals in recent financial history: the crash of '87, the Russian default, the Asian currency crisis of 1999, the Internet bubble, and the current sub-prime mortgage disaster. With his trademark humor and brilliant anecdotes, Lewis paints the mood and market factors leading up to each event, what was happening at the time, and then analyzes what actually happened and what we should have learned from experience.

Sam MacDonald, ***URBAN HERMIT: SAVING MY OWN LIFE ON \$8 A WEEK AND 800 CALORIES A DAY*** (307 pgs) 11/24

It took weighing 340 pounds, no money, and the IRS coming after him for Sam MacDonald to make a change in his life. In a desperate attempt to save himself, he decides to limit himself to a budget of \$8 a week and 800 calories a day. This memoir reveals the startling results.

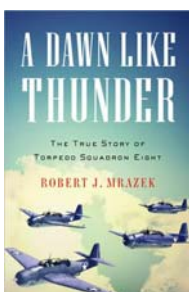
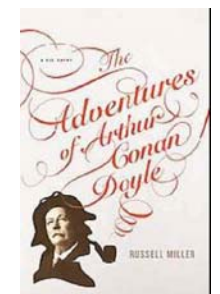


David Martin, ***LOSING EVERYTHING: A MEMOIR*** (224 pgs) 12/30

This book harkens back to Martin's childhood memories of his sad and destructive relationship with his mother, and culminates in the disastrous events of the Christmas of 2003, when, after an uncharacteristically happy 12-year interlude spent living on a farm in West Virginia with his wife, he became mired in debt, despair, and insanity. And that was just the tip of the iceberg.

Russell Miller, ***ADVENTURES OF ARTHUR CONAN DOYLE: A BIOGRAPHY*** (528 pgs) 12/09

Conan Doyle's personal papers have just recently become available in the British Library, as has an archive containing the works of Sherlockian Richard Lancelyn Green. He was a study in contradictions, rejecting Catholicism and later becoming a Spiritualist. This wealth of new sources provides the definitive work to date on this remarkable, yet often misunderstood, author.



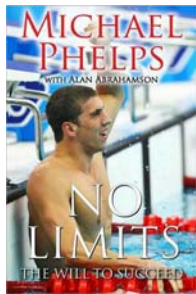
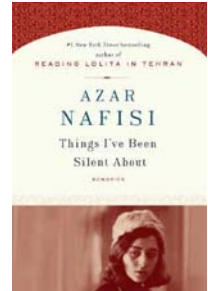
Robert J. Mrazek, ***DAWN LIKE THUNDER: THE TRUE STORY OF TORPEDO SQUADRON EIGHT*** (544 pgs) 12/08

One of the great untold stories of World War II finally comes to light in this thrilling account of Torpedo Squadron Eight and their heroic efforts in helping an outmatched US fleet win critical

victories at Midway and Guadalcanal. These 35 American men, many flying outmoded aircraft, changed the course of history, going on to become the war's most decorated naval air squadron, while suffering the heaviest losses in US naval aviation history.

Azar Nafisi, ***THINGS I'VE BEEN SILENT ABOUT: MEMORIES*** (368 pgs) 12/30

Azar Nafisi delivers the moving story of her family and her childhood in Iran. At the heart of the book is Nafisi's mother, whose demands and insistencies were shaped by the fictions she created. The author describes how she struggled to free herself from her mother's manipulation and found inspiration in traditional Persian stories and Western literature alike.



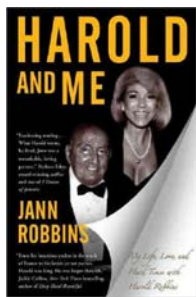
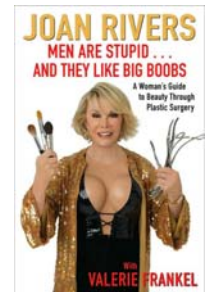
Michael Phelps, ***NO LIMITS: THE WILL TO SUCCEED*** (603 pgs) 12/09

Michael Phelps covers his philosophy on training and competition, as well as his life being raised by a single mother and coping with an attention-deficit disorder in this book. Phelps, 23, became the winningest Olympian ever at this summer's Beijing games, winning eight golds to add to six previous Olympic first-place victories. He holds seven world

records.

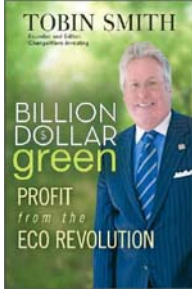
Joan Rivers, Valerie Frankel, ***MEN ARE STUPID...AND THEY LIKE BIG BOOBS: A WOMAN'S GUIDE TO BEAUTY THROUGH PLASTIC SURGERY*** (304 pgs) 12/30

A social commentary, comedy, memoir, and practical, info-packed journey into beauty treatments including plastic surgery, Joan wrote this for every woman who wants to improve herself, giving the average woman a step-by-step guide on how to look and feel gorgeous. Joan delivers advice in her signature sense of humor.



Jann Robbins, ***HAROLD AND ME: MY LIFE, LOVE, AND HARD TIMES WITH HAROLD ROBBINS*** (304 pgs) 12/09

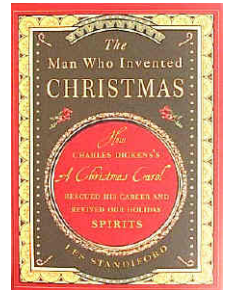
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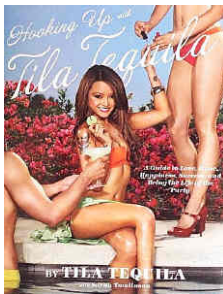
Tobin Smith, ***BILLION DOLLAR GREEN: PROFIT FROM THE ECO REVOLUTION*** (208 pgs) 12/22

Tobin Smith will give you the facts and forecasts on growth in the 'green investing front' and let you see for yourself just how large this opportunity is, right now and for years to come. Learn how to make a small fortune now from 'bridge green technologies,' closing the gap between traditional and alternative fuels. Smith will also take you inside eight to ten companies who are real growth stocks with investment profit potential.

Les Standiford, ***MAN WHO INVENTED CHRISTMAS: HOW CHARLES DICKEN'S A CHRISTMAS CAROL RESCUED HIS CAREER AND REVIVED OUR HOLIDAY SPIRITS*** (256 pgs) 11/08



Just before Christmas in 1843, at a desperate point in his career, Charles Dickens published what was to become the most widely known of his works. Amid the struggles of the Industrial Revolution and lingering Puritanism, 'The Christmas Carol' inspired hope, good will, and holiday cheer in an audience that desperately needed such gifts. More than 150 years later, the tale remains among the most beloved of Christmas stories. Here is the story behind the book that reinvented the signal holiday of the Western world.

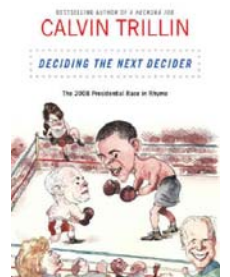


Tila Tequila, Sarah Tomlinson, ***HOOKING UP WITH TILA TEQUILA: A GUIDE TO LOVE, FAME, HAPPINESS, SUCCESS, AND BEING THE LIFE OF THE PARTY*** (208 pgs) 12/22

Tila, who is perhaps America's most famous bisexual model, grew to notoriety on the social networking site Myspace. This book will offer Tila's reflections on her journey from being Tila Nguyen, the daughter of Vietnamese immigrants, to becoming Tila Tequila, an international sex symbol.

Calvin Trillin, ***DECIDING THE NEXT DECIDER: THE 2008 PRESIDENTIAL RACE IN RHYME*** (128 pgs) 12/02

Following his riotous book 'Obliviously On He Sails,' Calvin Trillin presents a collection of satiric, witty, laugh-out-loud verse about Hillary Clinton, Barack Obama, and all the people who followed them on the 2008 campaign trail.



Patrick Tyler, ***WORLD OF TROUBLE: THE WHITE HOUSE AND THE MIDDLE EAST--FROM THE COLD WAR TO THE WAR ON TERROR*** (640 pgs) 12/23

The Middle East is the beginning and the end of U.S. foreign policy: events there influence our alliances, make or break presidencies, govern oil prices, and draw us into war. Tyler tells a story of presidents being drawn into the region's affairs against their will and making decisions about the affairs of countries they hardly understand. Above all, he shows how each president has undone the policies of his predecessor, fomenting anger against America on the streets of the region and confusion at home.